

**College of DuPage & Aurora University**  
**Kinesiology Transfer Track (AS) 2 + 2 Exercise Science (BS) +1 Master of Science in Athletic Training (MS)**  
**Transfer Guide**

**First Year at College of DuPage**

COD First Semester	AU	COD Second Semester	AU
ENGLI 1101 English Composition I (3)	ENG1000 Composition	ENGLI 1102 Composition II (3)	ENG Elective
MATHI 1431 Precalculus (3)	MTH 1100 College Algebra	ANAT 1551 Human Anatomy & Physiology I (4) or ANAT 1571 Anatomy and Physiology w/Cadaver I (4)	BIO 2660 Anatomy & Physiology I
BIOLO 1100 Survey of Biology (4)	BIO1210 Biology of Cells	MATH 1432 Precalculus II (3)	MTH 1310 Precalculus
PHYS 2200 Introduction to Physical Education (3)	PED Elective	SPEEC 1100 Fundamentals of Speech Communications (3)	COM 1550 Professional Communication
Fine Arts Course (3)	Elective or General Education Requirement	Humanities or Fine Arts Course (3)	Elective or General Education Requirement

**Second Year at College of DuPage**

Third Semester		Fourth Semester	
PHYS 2240 Introduction to Sport Psychology (3) <b>OR</b> PHYS 2255 Care and Prevention of Athletic Injuries <b>OR</b> PHYS 2262 Applied Kinesiology*	EXS 3480 Sport Psychology <b>OR</b> EXS 2500 Care and Prevention of Injuries <b>OR</b> EXS 3215 Kinesiology	PHYS 2240 Introduction to Sport Psychology (3) <b>OR</b> PHYS 2255 Care and Prevention of Athletic Injuries <b>OR</b> PHYS 2262 Applied Kinesiology*	EXS 3480 Sport Psychology <b>OR</b> EXS 2500 Care and Prevention of Injuries <b>OR</b> EXS 3215 Kinesiology
ANAT 1552 Human Anatomy and Physiology II (4) or ANAT 1572 Anatomy and Physiology w/Cadaver II (4)	BIO 2670 Anatomy & Physiology II	Social and Behavioral Science course (3)	Elective or General Education Requirement
Social and Behavioral Science course (3)	Elective or General Education Requirement	Social and Behavioral Science course (3)	Elective or General Education Requirement
Humanities course (3)	Elective or General Education Requirement	Physical Science Course (3-5)	Elective or General Education Requirement
PHYS 2258 Science of Nutrition (3)	BIO 2080 Nutrition and Health Promotion	HLTHS 1110 Biomedical Terminology (4)	BIO 1100 Medical Terminology

*\*Two of the following courses are to be taken at COD; PHYS 2240, PHYS 2261, PHYS 2255. The remaining course will be taken at AU. Note: It is highly recommended that students take PHYS 2258 and PHYS 2261 in different semesters.*

**Third Year at Aurora University**

Fifth Semester	Sixth Semester
IDS 3500 Junior Mentoring (.5)	IDS 3550 Junior Mentoring (.5)
CHM 1200 Principles of Chemistry (4)	EXS 1800 Responding to Emergencies (2)
MTH 2320 General Statistics (4)	EXS 2230 Olympic Style Weightlifting I (1)
EXS 3230 Physiology of Exercise (4)	EXS 2235 Olympic Style Weightlifting II (1)
EXS 3460 Sports Nutrition (4)	Take remaining EXS course not taken at COD: EXS 2500 Prevention and Care of Athletic Injuries (4), EXS 3480 Sport Psychology (4), or EXS 3215 Kinesiology (4)
	EXS 3550 Principles of Strength and Conditioning (4)
	PHY 2210/z Physics with Lab (4)

**Fourth Year at Aurora University (Begin Athletic Training Graduate Program\*)**

**Seventh Semester****First 8 Weeks****Second 8 Weeks**

ATR5500: Principles of Athletic Training (4)	ATR5750: Practicum I (3)
ATR5510: Diagnosis of the Lower Extremity (4)	<i>Clinical Immersive Experience - 225 hours</i>
ATR5540: Diagnosis of the Head and Spine (2)	
ATR5560: Taping and Bracing (2)	

**Eighth Semester****First 8 Weeks****Second 8 Weeks**

ATR5530: Diagnosis of the Upper Extremity (4)	ATR5530: Diagnosis of the Upper Extremity (4)
ATR5550: Principles of Therapeutic Intervention (4)	ATR5550: Principles of Therapeutic Intervention (4)
ATR5200: Emergency Medical Response (4)	

**Fifth Year at Aurora University – MS in Athletic Training****Summer****Fall First 8 Weeks****Second 8 Weeks****Spring First 8 Weeks****Second 8 Weeks**

ATR 6100: Internship – 300 Immersive Hours	ATR6750: Practicum III (3)	ATR6600: Applied Therapeutic Interventions (2)	ATR6760: Practicum IV (3)	ATR6350: Applied Sport and Human Performance (2)
	<i>Clinical Immersive Experience - 225 hours</i>	ATR6550: Applied Therapeutic Rehabilitation (2)	<i>Clinical Immersive Experience - 225 hours</i>	ATR6150: Administration of Athletic Training (4)
		ATR6500: Medical Aspects of Athletic Training (4)	ATR6900: BOC Exam Preparation (2)	ATR6820: Research in Athletic Training II (2)
		ATR6800: Research in Athletic Training I (2)		

*\*Entrance requirements for the Graduate Athletic Training Program include 3.0 GPA, completion of all prerequisite courses, proof of immunizations, criminal background check, drug test, and TB test.*

*\*\*If you are interested in becoming a certified athletic trainer, you can earn a Bachelor of Science in Exercise Science and a Master of Science in Athletic Training in AU's accelerated "3+2" dual degree program. In this path, you will major in Exercise Science, when transferring to Aurora University, with an athletic training emphasis and apply to be an advanced standing student in your junior year. If admitted, you will begin your Master of Science in Athletic Training coursework during senior year while concurrently completing your Bachelor of Science in Exercise Science degree.*